



Fostering A Sense of Belonging and Resilience in Teens

Monday, February 4, 2019

7:00 – 8:30 pm

Palisades High School

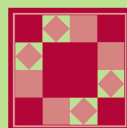
35 Church Hill Road | Kintnersville

Presenter

Lauren Verbilla, MS, LPC,

Director of Family Based Services, Penn Foundation

This presentation will help parents recognize connection as an antidote to depression, anxiety, and apathy. Parents will learn ways to help their teens connect with themselves and others in order to build resiliency and belonging.



PENN FOUNDATION
BEHAVIORAL HEALTH SERVICES